



Integrity, Inclusion, Education, Excellence

2023 WMSL Winter "A" Championships

Hosted By: North Kent Aquatic Team and Zeeland Age Group Swim

February 17 and 18, 2023

Approval – This meet is approved by Michigan Swimming, Inc. (MS), as a timed final meet on behalf of USA Swimming (USA-S), Approval Number **MIAP2223074**. MS or USA-S may revoke this approval at any time in response to the COVID-19 pandemic.

It is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries, including exposure to or infected with COVID-19 which may result in illness, personal injury, permanent disability, and/or death, to anyone during the conduct of the event.

It is further understood and agrees that Michigan Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries, including exposure to or infected with COVID-19 which may result in illness, personal injury, permanent disability, and/or death, to anyone during the conduct of the event.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming approved events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming approved event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING, MICHIGAN SWIMMING, NORTHVIEW HIGH SCHOOL AND ZEELAND WEST HIGH SCHOOL AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

You acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that your family, including child(ren), may be exposed to or infected by COVID-19 while on site at the pool or facility and that such exposure or infection may result in the personal injury, illness, permanent disability and death. You understand that the risk of becoming exposed

to or infected by COVID-19 at the pool or facility may result from the actions, omissions, or negligence of myself and others, including but not limited to employees, volunteers and program participants and their families.

NKAT and ZAGS include the above information in meet announcements, heat sheets and posted around the pool facility.

COVID-19 Procedures/Requirements

All athletes, coaches, officials, clubs, spectators, and other individuals participating in this meet or seeking ingress into the facility in which this meet is conducted will abide by (1) all federal, state, and local laws, orders, administrative rules, and guidelines; (2) all protocols outlined in the COVID-19 LSC Supplemental Sanction Requirements documents for this meet; and (3) all COVID-19 preparedness plans for the relevant facility. Failure to maintain strict compliance with all COVID-19 procedures and protocols will result in disciplinary action by the Michigan Swimming, Inc. Board of Directors, including, but not limited to, fines, suspension of certain membership privileges, or referral to the USA Swimming National Board of Review with a recommendation to terminate a member's membership in Michigan Swimming and USA Swimming.

Minor Athlete Abuse Prevention Policy Acknowledgement

All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. There will be at least two safety marshals at this competition, with at least one of each gender.

Location

Friday Session (11 & Over)

Zeeland Natatorium, Zeeland West High School
3390 100th Avenue, Zeeland, MI 49464

Saturday Session (10 & Under)

Northview Natatorium, Northview High School
4365 Hunsberger Ave NE, Grand Rapids, MI 49525

Times

Friday Session (11 & Over)

Warm up: 4:30 p.m.

Meet Start: 6:00 p.m.

Saturday Session (10 & Under)

Warm up: 8:00 a.m.

Meet Start: 9:30 a.m.

Facilities

Zeeland Natatorium, is up to a 10 lane, 25 yard pool with available warm-up and warm down. Depth at start is 8ft. and 9ft. at turn. Permanent starting blocks and non-turbulent lane markers will be used. Colorado timing with a 10 lane display will be used. There is ample balcony seating for spectators. Lockers are available, please provide your own lock. Public phones will be available.

Northview High School, is up to a 10 lane 25 yard pool with a supervised warm-up and warm down area available. Depth at start is 7'6" and 7'6" at turn. Permanent starting blocks and non-turbulent lane markers will be used. Colorado timing system with a 10-lane display will be used. There is ample balcony seating for spectators. Lockers are available (provide your own lock). Public phones will not be available.

Course Certification

The both competition courses have not been certified in accordance with 104.2.2C(4)

Meet Format

The sessions will be broken up by age, with 11 & Overs swimming Friday evening and 10 & Under swimming Saturday morning. The swimmers are grouped by age and gender: 8 & Under, 9-10, 11-12, and 13-14.

Eligibility

All swimmers registered with West Michigan Swim League teams who have achieved a current short course yards time equal to or faster than the qualifying standards (referred to as WMSL "A" times) during the qualifying period and in league qualifying event, are eligible to enter an event. If a swimmer has qualified for only one event, they are allowed a Bonus Swim in a non-qualifying event. The swimmer's age is the age as of the first day of the meet. Swimmers must also have participated in at least one dual, and/or any meet associated with the WMSL during this season (Winter 2022-2023) in order to compete in "A" Championship meet.

Entry Procedures

Entries may be submitted to the Administrative Official as of **January 20th @ 6:00PM**. The Administrative Official must receive all entries no later than **February 10th @ 6:00PM**. Entries must include correct swimmer name (as registered with USA/MS Swimming), age and USA number. All individual entries should be submitted via electronic mail at the e-mail address listed in the last section of this meet information packet.

Entry Acceptance and Processing: Entries will be accepted and processed on a first come, first served basis in the order in which they are received after the entry open date listed above.

Individual Entry Limits: Teams may not have more than one relay entry per relay event. Swimmers may be entered in up to 2 individual events and 2 relays events.

Entry Fees: There are no entry fees for this meet.

Surcharges

A \$1.00 per athlete Michigan Swimming athlete surcharge applies.

Refunds

Once a team or individual entry has been received and processed by the Administrative Official there are no refunds in full or in part unless the "over qualification exception" applies (see MS Rules).

Entry Paperwork

Your club's Entry, Entry Summary Sheet, Release/Waiver, and Check should be sent via U.S. mail or nationally recognized overnight courier to:

Zeeland Recreation
320 East Main Street
Zeeland, MI 49464

Check In:

Check in will be required. Check in will be available 30 minutes prior to start of warm-up. Failure to check in will cause the swimmer to be scratched from all events in that session. Check in will close 15 minutes after the start of warm up for each session. Check in sheets will be posted in the hallway outside the locker rooms at both Zeeland and Northview Pools.

Marshaling

Swimmers will be responsible for reporting to the marshaling area when their event is called.

Seeding

Seeding will be done after check in closes. Swimmers who fail to check in for an event will be scratched from that event. All events are timed finals and will be seeded slowest to fastest.

Deck Entries

Deck entries and time trials are not allowed for this meet.

Meet Programs/Admissions

There will be a \$5.00 admission fee for the meet with a family maximum of \$20.00, and meet programs will be available for \$2 at each pool.

Scoring:

Team scores will be kept for 12 and under athletes only. Points will be awarded for the top 16 times for each event as follows:

Individual events: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1

Relay events: 40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2

Awards:

12 and under swimmers only

Relays: Medals 1st-3rd,

Individual: Medals 1st-3rd, Ribbons 4th-16th

Results

Complete Official meet results will be posted on the Michigan Swimming Website at <http://www.miswim.org/>. Unofficial results will also be available on flash drive (HY-TEK Team Manager result file) upon request. Teams must provide their own flash drive.

Concessions

Food and beverages will be available in the concession stand. No food or beverage will be allowed on the deck of the pool, in the locker rooms or in the spectator areas. A hospitality area will be available for coaches and officials.

Lost and Found

Articles may be turned in/picked up at pool office. Articles not picked up by the end of the meet will be retained by the Meet Director or a representative for at least 14 days (any longer period shall be in the sole discretion of the Meet Director).

Swimming Safety

Michigan Swimming warm up rules will be followed. To protect all swimmers during warm-ups, swimmers are required to enter the pool feet first at all times except when sprint lanes have been designated. No jumping or diving. The same rules will apply with respect to the warm-down pool and diving well. Penalties for violating these rules will be in the sole discretion of the Meet Referee which may include ejection from the meet.

Racing Start Certification

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Deck Personnel/Locker Rooms/Credentialing

Only registered and current coaches, athletes, officials and meet personnel are allowed on the deck or in locker rooms. Access to the pool deck may only be granted to any other individual in the event of emergency through approval by the Meet Director or the Meet Referee. The Michigan Swimming Board of Directors, Officials Chairs of MS, and the Michigan Swimming Office staff are authorized deck personnel at all MS meets. Personal assistants/helpers of athletes with a disability shall be permitted when requested by an athlete with a disability or a coach of an athlete with a disability.

Lists of registered coaches, certified officials and meet personnel will be placed outside the door to the pool deck. Meet personnel will check the list of approved individuals and issue a credential to be displayed at all times during the meet. This credential will include the host team logo, name as well as the function of the individual being granted access to the pool deck (Coach, Official, Timer, or Meet Personnel). In order to obtain a credential, Coaches and Officials must be current in all certifications through the final date of the meet. Meet personnel must return the credential at the conclusion of working each day and be reissued a credential daily.

All access points to the pool deck and locker rooms will either be secured or staffed by a meet worker checking credentials throughout the duration of the meet.

Swimmers with Disabilities

All swimmers are encouraged to participate. If any of your swimmers have special needs or requests, please indicate them on the entry form and with the Clerk of Course and/or the Meet Referee during warm ups.

First Aid

Supplies will be kept in pool office.

Medical Supervision

Lifeguards will be available at both locations and both locations have AEDs.

Facility Items

- (A) No smoking is allowed in the building or on the grounds of any facility listed above.
- (B) Pursuant to applicable Michigan law, no glass will be allowed on the deck of the pool or in the locker rooms.
- (C) No bare feet allowed outside of the pool area. Swimmers need to have shoes to go into the hallway to awards or concessions.
- (D) An Emergency Action Plan has been submitted by the Host Club to the Safety Chair and the Program Operations Chair of Michigan Swimming prior to approval of this meet and is available for review and inspection at the pool office.
- (E) To comply with USA Swimming privacy and security policy, the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- (F) Deck changing, in whole or in part, into or out of a swimsuit when wearing just one suit in an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes is **prohibited**.
- (G) Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

General Information and Errors/Omissions

Any errors or omissions in the program will be documented and signed by the Meet Referee and available for review at the Clerk of Course for Coaches review. Information will also be covered at the Coaches' Meeting.

Meet Personnel

Meet Director: Dana Durham / Terri Eudy (Must be a USA Swimming member)

Meet Referee: Jon Smitley / smitleyswim@gmail.com

Safety Marshal: Sara Stevens / Terri Eudy

Administrative Official: Adam Forbes / forbesajswim@gmail.com (Email entries and pre-meet) & Ruth Andegeko (Day of meet)

2023 WMSL A Meet

Approval Number: MIAP2223074

Friday, February 17, 2023 (11 & Over)

At Zeeland Natatorium

Warm up: 4:30 p.m.

Meet Start: 6:00 p.m.

Girls	Event	Boys
1	11-12 200 Medley Relay	2
3	13-14 200 Medley Relay	4
5	11-12 200 Freestyle	6
7	13-14 200 Freestyle	8
9	11-12 100 IM	10
11	13-14 100 IM	12
13	11-12 50 Freestyle	14
15	13-14 50 Freestyle	16
17	11-12 50 Butterfly	18
19	13-14 50 Butterfly	20
21	11-12 100 Freestyle	22
23	13-14 100 Freestyle	24
25	11-12 50 Backstroke	26
27	13-14 100 Backstroke	28
29	11-12 50 Breaststroke	30
31	13-14 100 Breaststroke	32
33	11-12 200 Freestyle Relay	34
35	13-14 200 Freestyle Relay	36

2023 WMSL A Meet

Approval Number: MIAP2223074

Saturday, February 18, 2023 (10 & Under)

At Northview Natatorium

Warm up: 8:00 a.m.

Meet Start: 9:30 a.m.

Girls	Events	Boys
37	9-10 200 Medley Relay	38
39	8 & Under 100 Medley Relay	40
41	9-10 200 Freestyle	42
43	9-10 100 IM	44
45	8 & Under 25 Freestyle	46
47	9-10 50 Freestyle	48
49	8 & Under 25 Butterfly	50
51	9-10 50 Butterfly	52
53	8 & Under 50 Freestyle	54
55	9-10 100 Freestyle	56
57	8 & Under 25 Backstroke	58
59	9-10 50 Backstroke	60
61	8 & Under 25 Breaststroke	62
63	9-10 50 Breaststroke	64
65	8 & Under 100 Freestyle Relay	66
67	9-10 200 Freestyle Relay	68

